



HAST Novice Program- Fall/Winter 2011-2012

8 Week Option Registration Form

The HAST novice program is designed to follow the HAST "I Love to Swim" lessons program. Swimmers who have passed Sharks or have been given a tryout by one of the coaches can try the swim team for an 8 week trial period. Swimmers at this level have the option to practice 2-3 times per week, on days that fit within their family schedule. Novice practice times can be found on the HAST website at www.hastswimteam.com. They are denoted by an "N" on the calendar and are usually available for 1 hour Monday-Friday. During an 8 week trial most swimmers have the opportunity to compete in at least one swim meet to learn more racing skills. A team suit is not required for an 8 week trial. If you would like to order one please see Coach Kim for info.

Novice I	Sept 19- Nov 11	2-3 times per week	\$160
Novice II	Nov 14- Jan 6	2-3 times per week	\$160
Novice III	Jan 3- Feb 24	2-3 times per week	\$160
Novice X	You Pick! Any 8 Weeks!	2-3 times per week	\$160

Family Information-

Father Name _____

Mother Name _____

Home Phone _____

Home Phone _____

Cell Phone _____

Cell Phone _____

Work Phone _____

Work Phone _____

Address _____

Address _____

Email _____

Email _____

***Email is our primary source of communication, so please print legibly. Email updates are also available via our website at www.hastswimteam.com, Sign Up Today!

Swimmers Full Name	Age & Birthdate	8 Week Option Dates	Cost
		TOTAL-	

Payment Options:

Cash

Check # _____ (Payable to: HAST)

Credit Cards via Paypal Online @ www.hastswimteam.com